

INTERDYNAMICS, INC. | A BEHAVIORAL HEALTH FIRM



Let's wish our Interdynamics, Inc. Team members a very special January birthday.

This month, we have 3 birthdays:

1/10 – Dionne Benjamin –
Mental Health Clinician



1/20 – Dr. Kim Jones-Fearing –
OMHC Psychiatrist



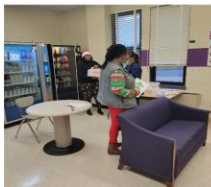
1/25 – Keisha Jackson –
Mental Health Clinician



Dynamic Deeds

As we transitioned from 2022 to 2023, one thing we cannot forget about was how amazing the Interdynamics, Inc. team was with our Dynamic Deeds initiative. Below are pictures from you showing off the Dunkin' breakfast as well as handing out the \$50 Gift Card to a deserving student.

Ms. Broughton, featured in the center of the collage is a senior at CMIT South MS / HS. She sent in this photo to say thank you for helping her family during the holiday season. She's faced family and medical complications that resulted in missing a lot of her school year, and endured many roadblocks, such as document errors which prevented her access to many beneficial opportunities. Through it all, Ms. Broughton has persevered, earning a 4.7 GPA while maintaining a job to help support her family. She is definitely on track to graduate this June!



People like Ms. Broughton is the reason we've created Dynamic Deeds! Thank you again to all our Mental Health Clinicians who participated in Interdynamics, Inc. Dynamic Deeds initiative!





Look Who's Still Growing:

Interdynamics, Inc. added two new employees in January as we continue to grow and fill open positions:

Wuyah Gbondo – Mental Health Clinician
Thea Griffith - Psychometrist

Ms. Gbondo and Ms. Griffith welcome to our Interdynamic, Inc. Team, it's a pleasure having you two join us.

Open Positions:

As Interdynamics, Inc. continues to grow and succeed, we'll continuously need to find qualified candidates to fill open positions. If you refer a candidate who we hire, you will be given a monetary gift. Currently our open positions are:

- Licensed Psychologists
- Psychology Associates
- Registered Behavioral Technician
- MD Licensed Mental Health Clinicians (Part-time & Full-time)



Laughter is Good Medicine

When they arrived at the therapist's office, the therapist jumped right in and opened the floor for discussion. "What seems to be the problem?" Immediately, the husband held his long face down without anything to say. On the other hand, the wife began talking 90 miles an hour describing all the wrongs within their marriage. After 5 -- 10 -- 15 minutes of listening to the wife, the therapist went over to her, picked her up by her shoulders, kissed her passionately for several minutes, and sat her back down. Afterwards, the wife sat there – speechless. He looked over at the husband who was staring in disbelief at what had happened. The therapist spoke to the husband, "Your wife NEEDS that at least twice a week!" The husband scratched his head and replied, "I can have her here on Tuesdays and Thursdays."

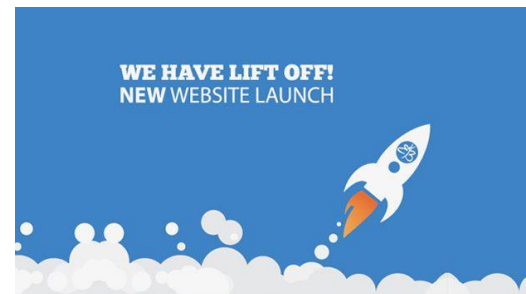


Are you a follower yet?

Interdynamics, Inc. has updated and retooled our Facebook Page and now we need you to become a follower! We are having a contest and random drawing for all those that follow our page until 8am January 26th.

To enter the contest:

1. Follow Interdynamics, Inc. new Facebook Page.
2. Email Mr. Edwards at oedwards@interdynamicsinc.com letting him know you're a follower.
3. Stay Tuned for our drawing at the end of Thursday mornings Medical Director meeting.



www.interdynamicsinc.com

Finally, after months of preparing, planning, meeting, and working, Interdynamics, Inc. new website has lifted off. Please check it out and [email HQ](mailto:emailHQ) with any feedback you have. All feedback will be greatly appreciated!



STUDENT EVENTS INSIDER

LGBTQ2+ EDITION
SAME SEX, SAME PROBLEMS
Special Guest - Legendary

Lolita Leopard

Friday, January 27, 2023
6:30pm - 9:30pm

Seat Pleasant Activity Center
5720 Addison Road, Seat Pleasant, MD
20743

**NO EXCUSE FOR DATING ABUSE
TEEN SUMMIT**

Friday, February 3, 2023
6:30pm - 9:30pm

Prince Georges Community College
Center for Performing Arts
301 Largo Road, Largo, MD 20774

February is Teen Dating Violence Awareness Month

The Department of Family Services, Maryland-National Capital Park and Planning Commission, Office of Community Relations and the Office of the State's Attorney will host its **10th Annual No Excuse for Dating Abuse Teen Summit**.

According to breakthecycle.org, one in three teenagers' reports knowing a friend or peer who has been hit, punched, kicked, slapped, choked, or physically hurt by their partner. Teen dating violence is a violation that can affect a young person's safety, development, and sense of comfort. During National Teen Dating Violence Awareness and Prevention Month, recognize the urgency needed in addressing this problem and recommit to preventing it by educating our youth about its dangers and consequences and reaffirm the basic human right to be free from violence and abuse.

**10th ANNUAL
NO EXCUSE FOR
DATING ABUSE
Teen Summit**
FRIDAY, FEBRUARY 3, 2023
AGES 11-21 | 6:30 PM - 9:30 PM | REFRESHMENTS SERVED FROM 6:30 PM - 7:00 PM
(Teens must be registered to receive refreshments.)
Teens will discuss the warning signs of dating abuse and how they can support one another.

EMCEE'S:
Deja Perez, Jason Lyric
SPECIAL GUEST EMCEE'S
Substantial and
Christina M. Jones, Esq.

- Teen Panel
- Fashion Show with a Ballroom Scene performance
- Poetry and Visual Art Contest
- Entertainment
- Counseling Available

#controlisnotlove
#noexcuse10

Join our Vendors with "Passport to Healthy Relationships"
(First 100 teens who participate within the "Passport to Healthy Relationships" will receive a swag bag.)

Visit pgparksdirect.com and enter ticket code in the search bar NRLS-SPEC-GA-20230203
Address: Prince Georges Community College Center for Performing Arts - Grand Theater, 301 Largo Road, Largo, MD 20774
For additional information, call: 301-448-2073 or email Carlietta.Wade@pgparks.com

